COW 101

When? *Tuesdays, 11-11:50*

Where? *APEX (Gault Library L1)**

9/4 It's about Time! A quick workshop on effective time management
Learn insights and techniques that will help you take charge of your weekly schedule and make the most of your time.

9/11 College Reading
Develop strategies designed to help you navigate your way through the volume and difficulty of reading assignments you face in course work and research.

9/18 Writing Ready. Steps to Producing First-rate Papers
Writing Center Director Alicia Brazeau will coach students on how to effectively approach major writing assignments.

9/25 Studying for Tests & Mid-terms
The first round of exams and mid-terms is right around the corner. Familiarize yourself with tips and strategies to help you prepare for those important college tests.

10/2 The COW Libraries & You: Research in the First Year & Beyond
Is there a research paper/project on your syllabus? Come to this COW 101 to discover the range of resources available and meet our helpful library staff.

10/9 Planning for Off-Campus Study *Location: *Babcock Lounge (Babcock Hall)*
Do you want to make off-campus study a core component of your education? Director of Off-Campus Studies Jessica DuPlaga will walk you through the rich menu of offerings.

10/30 Preparing for Pre-Registration Advising Appointments
Join the APEX team to discuss ways to be well prepared for your upcoming pre-registration advising appointment.

11/6 Experiential Learning & On Campus Research
On-campus research, internships, and other experiential learning opportunities are a great way to explore your interests. Come find out about second semester and summer opportunities.

11/13 Building a Powerful Résumé
First year students need a polished resume in order to apply to many on-campus and summer opportunities. Meet with Career Planning staff to get started on yours.

APEX
Advising, Planning, Experiential Learning