Head Games: Exploring Sex Differences in Decision-Making Following a Concussion

Among Collegiate Athletes

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Introduction

• An estimated 3.8 million concussions occur per year in athletes (Mullally, 2017).

THE COLLEGE OF

WOOSTER

- Impaired decision-making is common after TBI (Wood and Worthington, 2017).
- It is known that there are sex differences in concussions.
- Females have prolonged recovery and worse outcomes compared to males (Koerte et al., 2021)
- The Cambridge Gambling Task has no sex differences when accounting for no concussion (Van den Bos et al., 2012)

Research Question

 Are there sex differences in decision-making abilities following a concussion?

Participants:

62 College of Wooster athletes

• 18-24 years of age	Male	Female
Concussed	9	16
Non-concussed	15	22

Conclusion

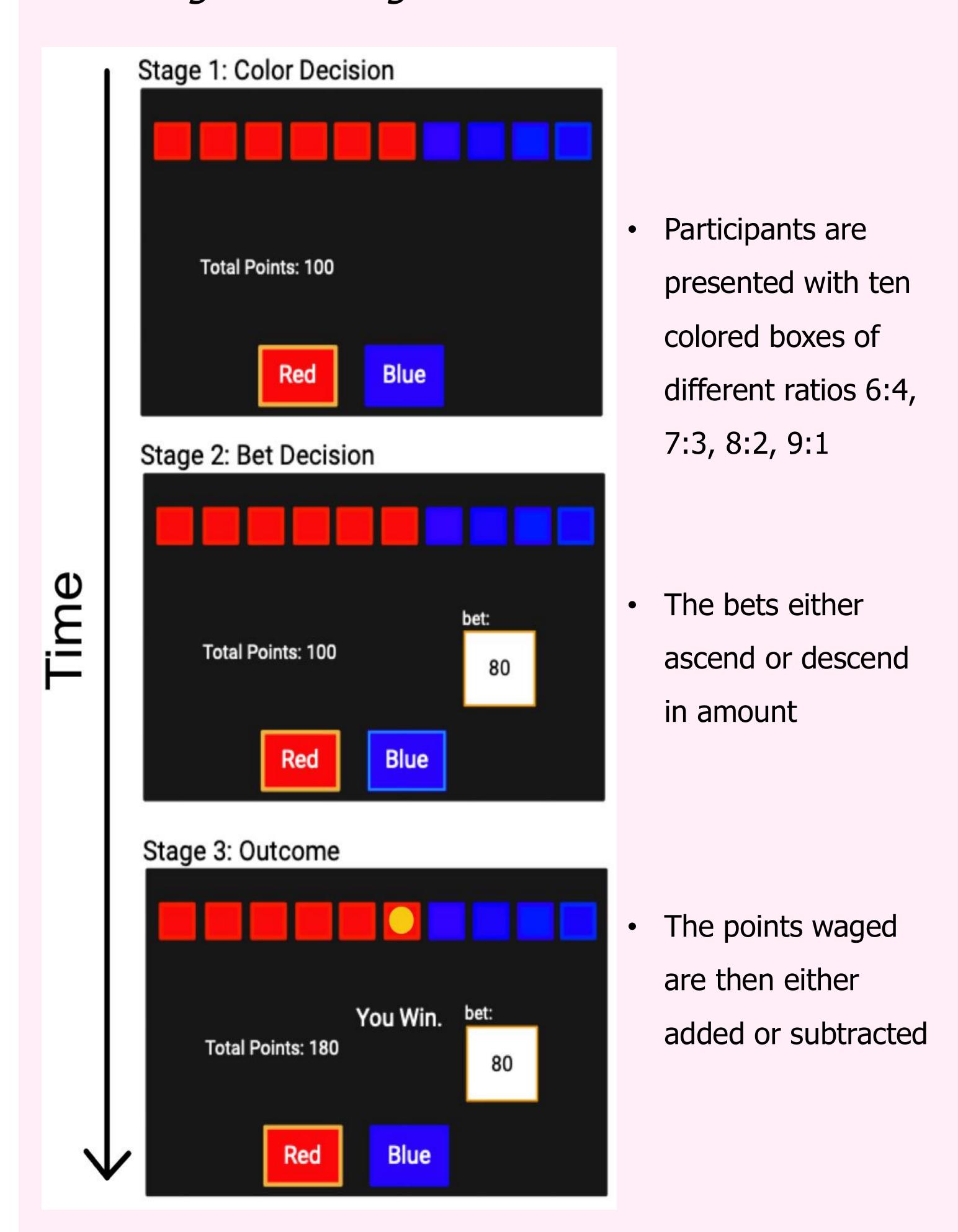
- Concussions affect decision-making in processing speed and risk-taking behavior, higher risk-taking suggests deficits in risk assessment and impulse control
- No sex-differences were found

Future Work

- Further research should continue investigating sex differences in cognitive functions
- Exploring potential interventions to decrease concussion-related impairments to limit the risk of CTE

Methods

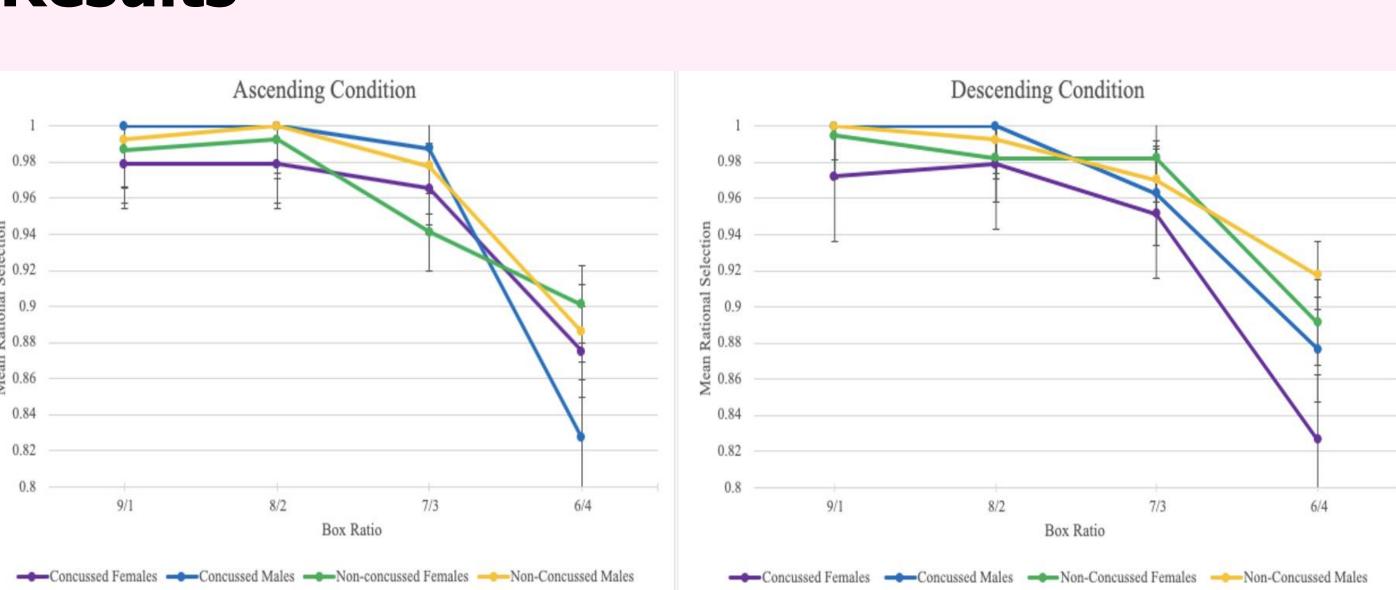
Cambridge Gambling Task:



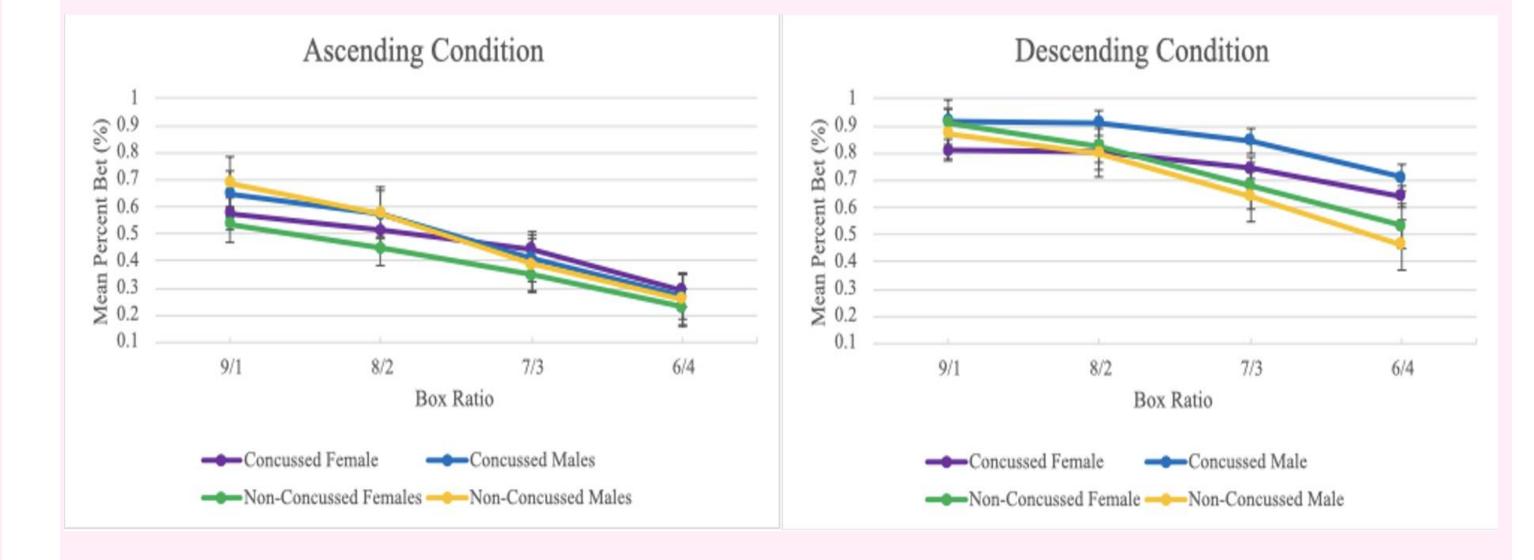
Concussion Questionaire:

- Information about sex, sport, and age
- Concussion history including; how many, time since last, who diagnosed it, how it occurred, length of recovery, and symptomatology.

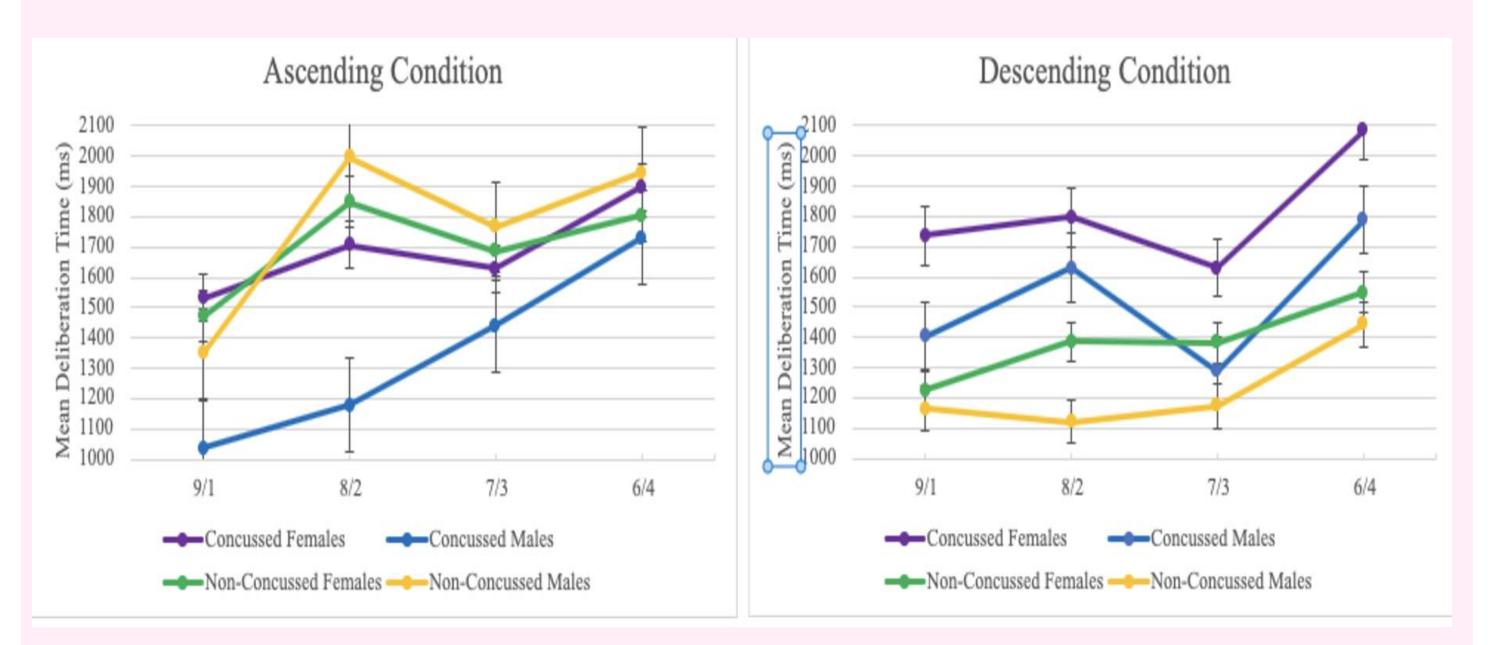
Results



• This figure illustrates the quality of decision-making. All groups declined in performance in the 6:4 ratio.



• This figure illustrates risk-taking behavior. Concussed individuals placed higher bets in the riskier 6:4 ratio compared to controls in the Descending Condition.



This figure illustrates deliberation time. In the Descending
 Condition concussed individuals had a slower response time compared to controls. Concussed individual's response time was consistent across ratios in both conditions