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INTRODUCTION

Latina Critical Theory & Marianismo

- Intersections of oppression that stereotype & project violence & invisibility towards Latina/o/e/x (Valdes & Bender, 2021)
- Marianismo is associated with enhanced emotional resilience, depression symptoms, anxiety, & anger (Ertl et al., 2019; Nunez et al., 2016)

Psychosocial Burden Seeking an Abortion

- 22% of women who sought an abortion in 2021 were Hispanic (Guttmacher Institute, 2017)
- Structural challenges, pregnancy decision-making, autonomy, consideration of others' reaction to the pregnancy Associated with stress, anxiety, depression (Biggs et al., 2020)

Retroactive Anxiety

- Latina women's experiences of anxiety are deeply shaped by cultural values – values that prioritize family, harmony and emotional restraint.

RESEARCH QUESTION & HYPOTHESES

H1

- Latinas who had a higher burden seeking abortion access will have higher retroactive anxiety

H2

- Latinas who were denied access to an abortion will have higher retroactive anxiety

H3

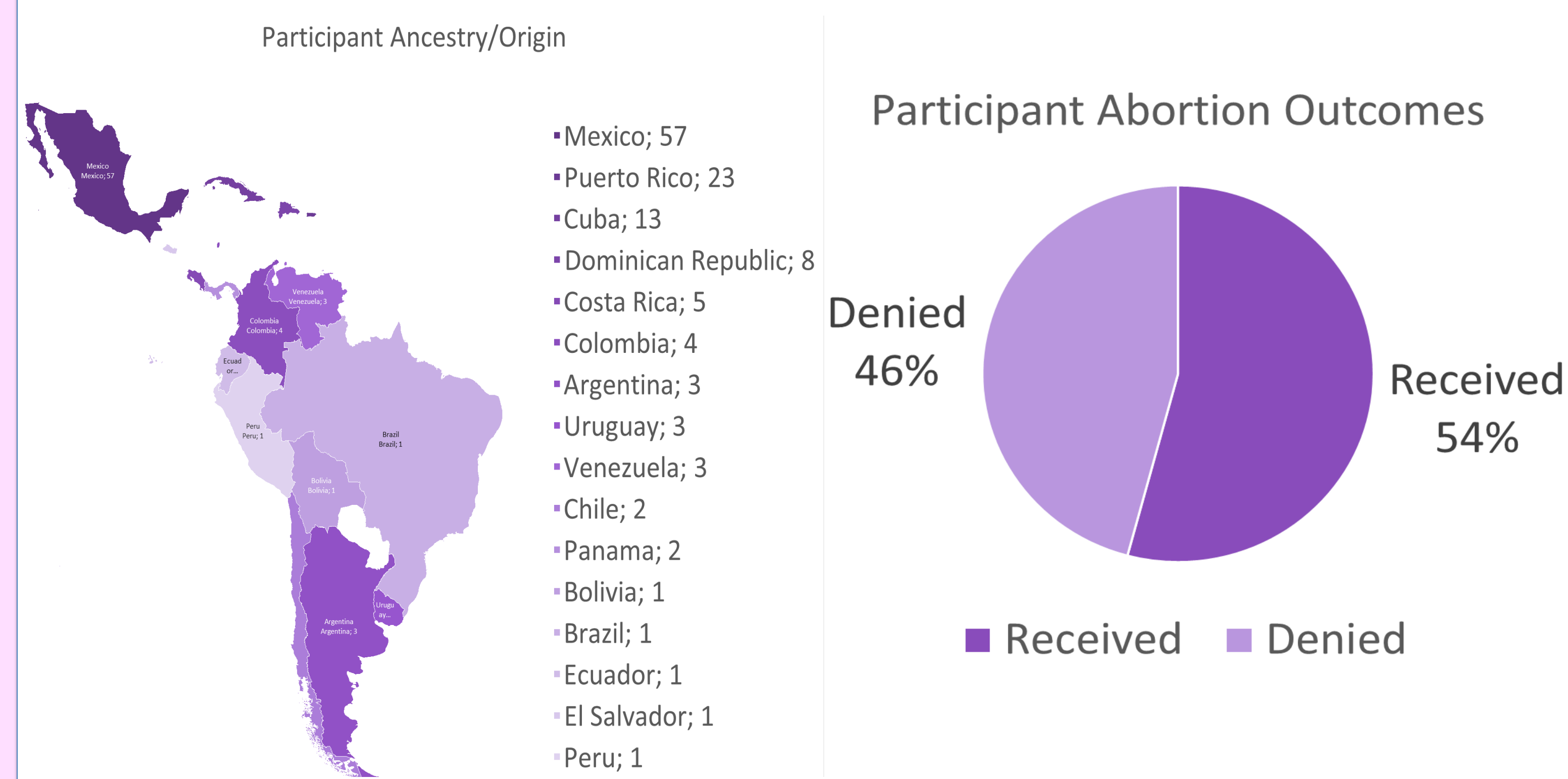
- Marianismo is a moderator between abortion outcome and anxiety

RQ

- What are the experiences of Latina women when seeking an abortion? Does marianismo change these experiences?

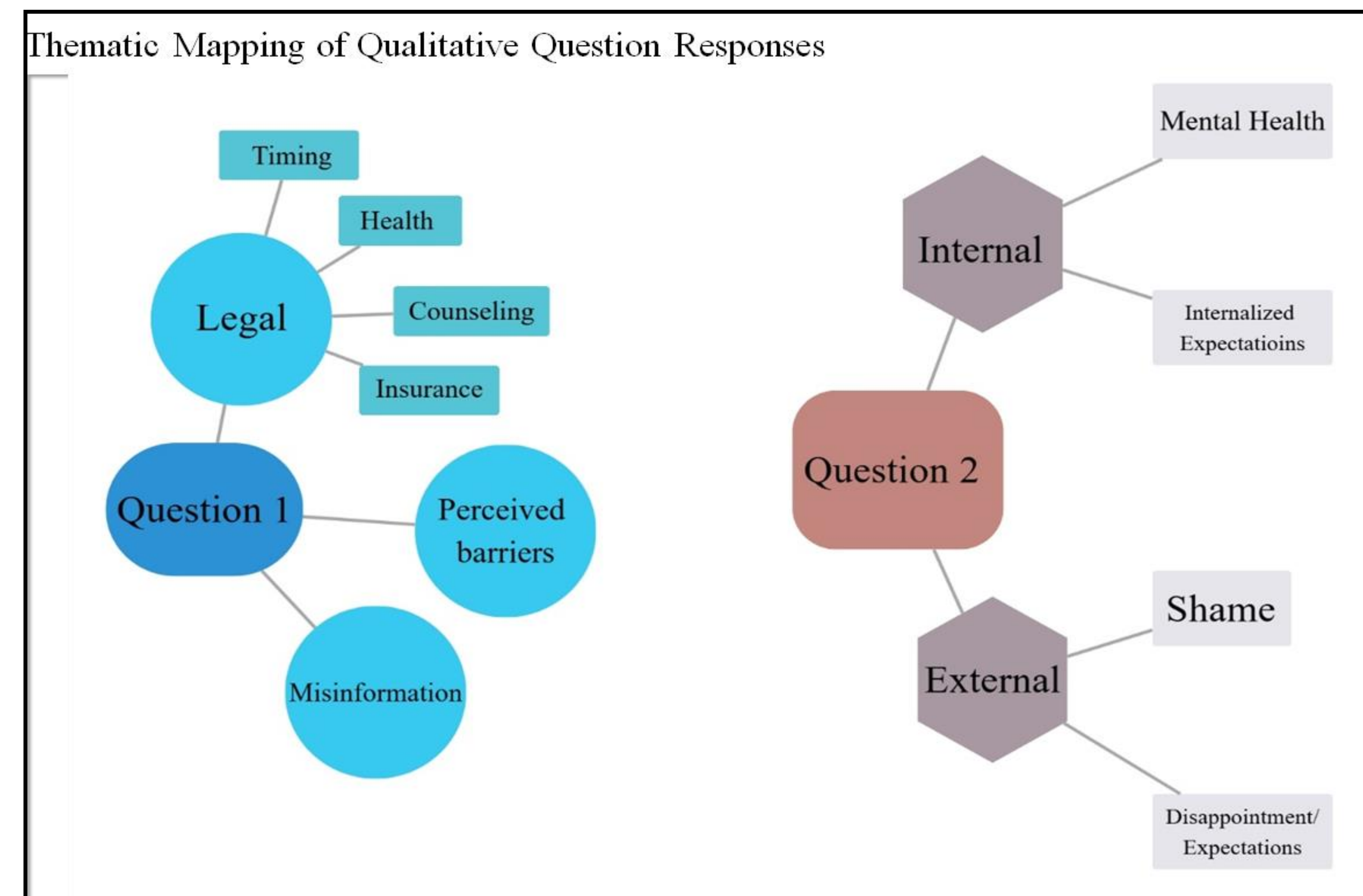
METHOD

- 120 Latina women in the U.S. who sought an abortion; $M_{age} = 35.4$



RESULTS

- H1:** Psychosocial burden is associated with retroactive anxiety, $p < .001$.
- H2:** No difference in retroactive anxiety with abortion outcomes, $p = .075$
- H3:** Marianismo has no significant role in retroactive anxiety/outcome, $p = .40$.
- RQ:** Abortion experiences intersect with cultural expectations, are heightened by structural restrictions, and are often exacerbated with marianismo and LatCrit themes



DISCUSSION

Key Take Aways (Quantitative)

- Latinas experience burdens and barriers in day-to-day life and may contribute to worse retroactive anxiety
- Time since an abortion experience may disintegrate Latina's ability to reflect on the anxiety regardless of abortion outcome
- Marianismo's protective properties against anxiety may protect Latinas against retroactive anxiety

Lived Experiences (Qualitative Responses)

- Latinas women encounter challenges like; family, cultural and religious pressures as well as structural barriers
- Marianismo cultivates internalized and external expectations that are incompatible with abortion seeking

IMPLICATIONS

- U.S. healthcare system contributes to the burden Latina women manage
- Latina women are confronted with internalized and externalized expectations that negatively impact the abortion seeking experience
- Latinas need culturally competent resources in the healthcare system

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